

## Band acronym, Frequency, Wavelength

Designation	Frequency	Wavelength
ELF extremely low frequency	3Hz to 30Hz	100.000km to 10.000 km
SLF superlow frequency	30Hz to 300Hz	10.000km to 1.000km
ULF ultralow frequency	300Hz to 3000Hz	1.000km to 100km
VLF very low frequency	3kHz to 30kHz	100km to 10km
LF low frequency	30kHz to 300kHz	10km to 1km
MF medium frequency	300kHz to 3000kHz	1km to 100m
HF high frequency	3MHz to 30MHz	100m to 10m
VHF very high frequency	30MHz to 300MHz	10m to 1m
UHF ultrahigh frequency	300MHz to 3000MHz	1m to 10cm
SHF superhigh frequency	3GHz to 30GHz	10cm to 1cm
EHF extremely high frequency	30GHz to 300GHz	1cm to 1mm

## Broadcast bands (EU):

Designation	Frequency	
LW long wave	153 - 279 kHz	
MW medium wave	531 - 1620 kHz	
SW short wave	2310 - 25820 kHz	